



Moldable seed packets

I AM **NOT** WHAT
YOU WOULD CALL A
"SMOOTHIE".

What you need:

OLD NEWSPAPER, JUNK MAIL, ETC.
SEEDS (RADISH, LETTUCE, AND BASIL WORK WELL)
BUCKET/PLASTIC TUB
BOWLS
STRAINER/COLANDER
BLENDER/FOOD PROCESSOR
COOKIE CUTTERS AND COOLING RACK (OPTIONAL)

What to do:

SHRED THE PAPER INTO VERY SMALL PIECES AND PLACE THEM INTO THE BUCKET.
FILL THE BUCKET WITH WATER AND ALLOW TO SOAK OVERNIGHT.

USE YOUR HANDS TO SQUISH THE PAPER UNTIL IT IS A MUSHY PULP. THINK
OATMEAL...

IF YOU USE A FOOD PROCESSOR OR BLENDER, HAVE AN ADULT HELP YOU. DO NOT
FILL EITHER MORE THAN HALF FULL AT A TIME AND USE PLENTY OF WATER!
PUT YOUR STRAINER INTO A LARGE BOWL AND POUR THE PAPER PULP TO LET IT
DRAIN.

WHEN THE WATER NO LONGER FLOWS THROUGH THE STRAINER, POUR THE PULP INTO
A DRY BOWL AND ADD YOUR SEEDS. MIX WITH YOUR HANDS.

SCOOP OUT A HANDFUL OF THE MIXTURE AND SQUEEZE OUT AS MUCH WATER AS YOU
CAN. ROLL THE PULP INTO A BALL OR PANCAKE. YOU CAN FORM THE PULP INTO
SHAPES USING COOKIE CUTTERS AT THIS TIME IF YOU WISH.

PLACE THE ITEM ON A COOLING RACK OR A STACK OF PAPERS AND ALLOW TO DRY.
THIS MAY TAKE UP TO THREE DAYS.

PLANT YOUR SEED BALL INTO THE GROUND OR A POT, KEEP IT WATERED, AND
ENJOY YOUR HARVEST!

What's going on?

GERMINATION IS THE STAGE IN A PLANT'S LIFE CYCLE WHEN THE SEED BEGINS TO
SPROUT INTO A SEEDLING. SURROUNDING EACH SEED IS A PROTECTIVE SEED COAT.
INSIDE, A BABY PLANT (EMBRYO) CAN BE FOUND ALONG WITH A LARGE SUPPLY OF
FOOD (ENDOSPERM) IT WILL NEED AS IT BREAKS FREE FROM ITS SEED AND BEGINS
TO GROW.

