The lab of MR.Q

Eye Spy... With My Dominant Eye!

What you need:

TWO HANDS AND SOMETHING TO LOOK AT

What to do:

MAKE A HEART WITH YOUR HANDS AND FOCUS ON AN OBJECT IN ITS CENTER WITH BOTH EYES OPEN.
NOW, CLOSE ONE EYE AT A TIME.
PAY CLOSE ATTENTION TO WHICH EYE IS OPEN WHEN THE OBJECT REMAINS IN THE CENTER OF YOUR HEART. THIS IS YOUR DOMINANT EYE.
THE OTHER EYE, WHEN OPENED, WILL NO LONGER DISPLAY THE OBJECT IN THE CENTER OF YOUR HEART. THIS IS YOUR NON-DOMINANT EYE.

What's going on?

THIS LAB SHOWS WHICH OF YOUR EYES IS DOMINANT, OR WHICH ONE YOUR BRAIN RELIES ON MORE WHEN FOCUSING. MOST PEOPLE ARE RIGHT-SIGHTED, MEANING THEIR RIGHT EYE IS DOMINANT. WHEN BOTH EYES ARE OPEN, YOUR BRAIN COMBINES THE IMAGES INTO ONE ALIGNED VIEW, BUT WHEN YOU CLOSE YOUR DOMINANT EYE, THE ALIGNMENT SHIFTS.

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